

# Form for Proposed Rule Changes

10 October 2006

**TITLE OF NEW RULE:**

*4x400m Relay may be an athlete's 5<sup>th</sup> event at regular meets.*

**EXISTING RULE (if applicable). CITE RULE NUMBER AND LIST THE RULE AS CURRENTLY WRITTEN:**

*SECTION 6 Competitors and Coaches, Article 4 Event Entry Limitations*

*An athlete may not enter or compete in more than four event's total, including all individual running events, individual field events, and relay events.*

*An athlete may not enter or compete in more than three running events, including individual and relay events.*

**WORDING OF PROPOSED RULE OR RULE CHANGE:**

*Add the following sentence to this Article:*

*"During regular season meets only, the 4x400m Relay shall be exempt from this rule. The 4x400m Relay may be an athlete's 5<sup>th</sup> event or 4<sup>th</sup> running event at regular season meets."*

**REASONS FOR CHANGE, BENEFITS TO BE GAINED:**

- 1. To increase participation in the 4x400m Relay*

**IMPACT (time, cost, etc.)**

*This change should increase the number of athletes participating in the 4x400m Relay. From time to time it may result in an additional race being run and a longer meet.*

**SUBMITTING CLUB:**            **Camarillo Cosmos**

**INITIAL VOTE:**            **Yes        No**

**FINAL VOTE:**            **Yes        No**

**DISPOSITION:**