Running Event Age Group Order

3200M Run MG,MB,YG,YB,IG,IB

100M Hurdles IB,IG,YB,YG 80M Hurdles MB,MG

4x100M RelayBG,BB,MG,MB,IG,IB,YG,YB,,GG,GB1600M RunGG,GB,BG,BB,MG,MB,YG,YB,IG,IB400M DashGG,GB,BG,BB,MG,MB,YG,YB,IG,IB100M DashGG,GB,BG,BB,MG,MB,YG,YB,IG,IB800M RunGG,GB,BG,BB,MG,MB,YG,YB,IG,IB200M DashBG,BB,MG,MB,YG,YB,IG,IB,GG,GB

4x400M Relay BG,BB,MG,MB,YG,YB,IG,IB

Field Event Age Group Order

Long Jump GG,GB,BG,BB,MG,MB,YG,YB,IG,IB

High Jump BG,BB,MG,MB,YG,YB,IG,IB Shot Put IG,IB,YG,YB,MG,MB,BG,BB

Events start at 8:30 AM

While the 3200 M runs field events should also be started.

{Volunteers running the field events should let the announcer know which event is starting}

If Team is still in field events and we are in relay section then we will start with the Y/I Groups

head Stager should be letting the announcer to make 1 call or second & Third calls in 5 to 7 min increments.