

5th ANNUAL SOUTHERN CALIFORNIA YOUTH INVITATIONAL @

College of the Canyons on Saturday & Sunday, April 12th & 13th

All athletes must be entered by their team reps with Epi Sports <http://www.episports.com/>

Event Limits: Bantam, Midget, and Youth may participate in up to 2 individual events plus 1 relay, or 1 individual event plus 2 relays

Intermediates / Young Women & Men: up to 3 individual events.

STRICTLY ENFORCED (sanction for over-eventing, is DQ for all events participated in).

Running Event Schedule

SATURDAY, April 12th, first event starts 8:30 am

3000m Finals (MG, MB, YG, YM, IG, IB, YW, YM)

100 / 80m Hurdles Semi-Finals (YM, IB, YB, YW, IG, YG, MG, MB)*

100m Semi-Finals (BG, BB, MG, MB, YG, YB, IG, IB, YW, YM) * Semi-finals front & backside

800m Finals (BG, BB, MG, MB, YG, YB, IG, IB, YW, YM)

4x100m Semi-Finals (BG, BB, MG, MB, YG, YB, IG, IB, YW, YM)*

200m Finals (BG, BB, MG, MB, YG, YB, IG, IB, YW, YM)

*** Any Saturday Semi-Final event which has 8 or fewer participants will be run as Finals on Saturday***

SUNDAY, April 13th, first event starts 8:30 am

1500m Finals (BG, BB, MG, MB, YG, YB, IG, IB, YW, YM)

80/100m Hurdles Finals (YM, IB, YB, YW, IG, YG, MG, MB)

4x100m Finals (BG, BB, MG, MB, YG, YB, IG, IB, YW, YM)

400m Finals (BG, BB, MG, MB, YG, YB, IG, IB, YW, YM)

100m Finals (BG, BB, MG, MB, YG, YB, IG, IB, YW, YM)

4x400m Relay Finals (BG, BB, MG, MB, YG, YB, IG, IB, YW, YM)

Field Event Schedule - Saturday BB, BG, MG, MB & Sunday YB, YG, IG, IB, YW, YM

Long Jump: Timed Open Pit Format (Athletes are to start & finish between hours indicated)

Saturday

8:30 am – 11:00 am

BB – Pit 1, **MG** – Pit 2

11:15 am – 1:45 pm

MB – Pit 1, **BG** – Pit 2

Sunday

8:30 am – 11:00 am

YB – Pit 1, **YG** – Pit 2

11:15 am – 1:45 am

IB / YM – Pit 1, **IG / YW** – Pit 2

Shot Put: Timed Open Pit Format (Athletes are to start & finish between hours indicated)

Saturday

8:30 am – 11:00 am

BG, BB

11:15 am – 1:45 pm

MG, MB

Sunday

8:30 am – 11:00 am

IB / YM / IG / YW

11:15 am – 1:45 am

YB, YG

High Jump: Timed Format No bar lowering (Athletes to start & finish between hours indicated)

Saturday

8:30 am – 11:00 am

MB, MG

11:15 am – 1:45 pm

BB, BG

Sunday

8:30 am – 11:00 am

IB / YM / IG / YW

11:15 am – 1:45 am

YB, YG