



## PLYOMETRIC TUSION



Our quest has begun to participate in the Youth Junior Olympics this summer. Come join the PlyometricFusion Track Club family and push your ability to the limits!

- Satellite Practice locations offered: Oxnard, Agoura, Simi Valley
- First Practice will be at Agoura High School May, 18 @ 6PM
- > Paperwork deadline to run in 1st meet May 19th
- Events offered this summer: 100,200,400,800,1500,3000,3000RaceWalk,80h,100h,200h,110HH, 400h,Steeple Chase,Discus,Javelin,PV,SP,HJ,LJ,TJ,4x1,4x4,4x8

## ON-LINE REGISTRATION IS NOW OPEN:



WWW.PLYOMETRICFUSION.COM/POST\_SEASON.HTML

For more information contact:

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