



# PLYOMETRIC FUSION



**\*\*Registration opens May 6<sup>th</sup> (On-line Registration Available).**

**NOTE: General Registration signup will be available at Varsity Championships at PlyometricFusion-TC Table or On-line**

**Your quest has begun to participate in the Youth Junior Olympics this summer. Come join the Plyometric Fusion Post Season Track Club and push your ability to the limits!**



**The Southern California Track & Field conference and the Ventura Track & Field conference is a powerhouse of athletes that have joined together to compete in the 2017 USATF and/or the AAU Jr. Olympics. The post season club is open to all Youth & High School athletes 7-18 years of age!!! Practice Locations: Agoura, Simi Valley, Santa Clarita others locations TBD...**



**\*\*Get all the up to date information and prices by liking our Facebook page or view our website\*\***

**<https://www.facebook.com/Plyometric-Fusion-1683343925273096/>**

**Team Web Site: [http://plyometricfusion.com/post\\_season.html](http://plyometricfusion.com/post_season.html)**

**For any questions please contact: Anrique Freeman [plyometricfusion@aol.com](mailto:plyometricfusion@aol.com) or Gary Sherrod [garricksherrod@hotmail.com](mailto:garricksherrod@hotmail.com)**