## 7th ANNUAL SOUTHERN CALIFORNIA YOUTH INVITATIONAL

## New Venue for 2016 - Royal High School Simi Valley on Saturday & Sunday, April 9th & 10th

All athletes must be entered by their team reps with Epi Sports http://www.episports.com/

<u>Event Limits</u>: Bantam, Midget & Youth may participate in up to 2 individual events plus 1 relay, or 1 individual event plus 2 relays. Intermediates / Young Women & Men: up to 3 individual events. STRICTLY ENFORCED (sanction for over-eventing, is DQ for all events participated in).

## **RUNNING EVENT SCHEDULE**

SATURDAY, April 9th (First event starts 8:30 am)

\*3200m Finals (MG, MB, YG, YM, IG, IB, YW, YM)

100 / 80m Hurdles Semi-Finals (YM, IB, YB, YW, IG, YG, MG, MB)\*

100m Semi-Finals (BG, BB, MG, MB, YG, YB, IG, IB, YW, YM) \* Semi-finals front & backside

**800m Finals** (BG, BB, MG, MB, YG, YB, IG, IB, YW, YM)

4x100m Semi-Finals (BG, BB, MG, MB, YG, YB, IG, IB, YW, YM)\*

**200m Finals** (BG, BB, MG, MB, YG, YB, IG, IB, YW, YM)

\*\*\*Any Saturday Semi-Final event which has 8 or fewer participants will be run as Finals on Saturday\*\*\*

## SUNDAY, April 10th (First event starts 8:30 am)

\*1600m Finals (BG, BB, MG, MB, YG, YB, IG, IB, YW, YM)

80/100m Hurdles Finals (YM, IB, YB, YW, IG, YG, MG, MB)

4x100m Finals (BG, BB, MG, MB, YG, YB, IG, IB, YW, YM)

400m Finals (BG, BB, MG, MB, YG, YB, IG, IB, YW, YM)

100m Finals (BG, BB, MG, MB, YG, YB, IG, IB, YW, YM)

4x400m Relay Finals (BG, BB, MG, MB, YG, YB, IG, IB, YW, YM)

FIELD EVENT SCHEDULE - Saturday BB, BG, MG, MB & Sunday YB, YG, IG, IB, YW, YM

Long Jump: Timed Open Pit Format (Athletes are to start & finish between hours indicated)

<u>Saturday</u> <u>Sunday</u>

 $8:30 \text{ am} - 11:00 \text{ am} \\ \textbf{BB} - \text{Pit 1}, \ \textbf{BG} - \text{Pit 2} \\ \textbf{MB} - \text{Pit 1}, \ \textbf{BG} - \text{Pit 2} \\ \textbf{Open 10:00 am} - 12:30 \text{PM} \\ \textbf{IB} / \ \textbf{YM} - \text{Pit 1}, \ \textbf{IG} / \ \textbf{YW} - \text{Pit 2} \\ \end{cases}$ 

Shot Put: Timed Open Pit Format (Athletes are to start & finish between hours indicated)

Saturday Sunday

High Jump: Timed Format No bar lowering (Athletes to start & finish between hours indicated)

<u>Saturday</u> <u>Sunday</u>